


SEPTEMBER 25 NEWSLETTER

Albany

surgery



SURGERY UPDATE

CALL  01626 334411
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Welcome to the latest newsletter. As Autumn approaches the Practice enters a busy season with flu and Covid vaccinations getting underway. In this newsletter we will be updating patients on an addition to the Albany team, highlighting dates for vaccinations and looking at key health weeks.

TEAM NEWS

We would like to extend a very warm welcome to our new GP, Dr Keira Goss who has recently joined the Albany team, working Monday and Friday. Dr Goss has worked in the South Devon area as a GP and also in the Out Of Hours and maintains a role in commissioning.

COVID AND FLU VACCINATIONS

Patients who are eligible are now able to make appointments for their Covid and flu vaccinations.

These will be held on Saturday 4th October and Saturday 11th October 2025. The surgery are sending invitations to eligible patients to book.

LEAGUE OF FRIENDS DONATION TO ALBANY SURGERY

Albany Surgery would like to thank Newton Abbot League of Friends for their very generous donation of £2632.15 which has been used to purchase the following items:

Wheelchair, Nebuliser, Resuscitation dummies for staff training (2 adult, 1 child), 2 Nursing home visiting equipment bags, Resuscitation equipment bags/trolley, INR machine.

FEEDBACK

We welcome feedback of any kind - this is used to improve the service we provide for our patients and to identify what works well.

How to leave feedback:



COME IN



CALL



LETTER



EMAIL

Additionally, anonymous feedback can be given as Friends and Family feedback. To complete this, please visit our website (www.albanysurgery.co.uk) or fill out a Friends and Family feedback card at our main reception.

NATIONAL EYE HEALTH WEEK 22-28TH SEPTEMBER 2025 VISION MATTERS -LOOKING AFTER YOUR EYES

The week emphasises the importance of taking better care of your eyes. Having regular sight tests are essential for maintaining healthy eyes. Other things to consider to look after your eyes include:

- Diet
- Exercise
- Responsible alcohol consumption
- Smoking
- The sun

COME IN  Grace House, Scott Close,
Newton Abbot, TQ12 1GJ

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In August, 130 booked appointments were missed, (that's 19.5 hours of clinicians' time). Please be sure to call or email, to cancel or change your appointment if you need to.

MIGRAINE AWARENESS WEEK 23rd– 28th SEPTEMBER

The week aims to change the perception of migraines. Migraine means much more than 'just a headache' It means disruption and can stop people in their tracks. It can mean missing out.

Find out more at migrainetrust.org

SEXUAL HEALTH WEEK 15th–25th SEPTEMBER 2025 CHRONICALLY ONLINE

This years theme is 'Chronically Online.' The campaign explores how social media and digital culture influence our understanding of sex, relationships and health and how quickly myths can spread.

From contraception to STI to HIV prevention, misinformation online can cause confusion and sometimes harm.

That is why this awareness week is so important: it gives us the chance to challenge myths, share facts and signpost people to trusted advice.

Recent advances in AI are raising new questions about the future of sexual health and relationships. How do we make sense of what is real? Also how can AI be used effectively to improve sexual health services?

PPG NEWS

The next meeting of the Albany PPG will take place on:

Thursday 13th November, 10.30am—Noon

Where: Lower Ground Floor meeting room at Albany Surgery.

Notes from this meeting will appear on the Albany Surgery website and on the PPG Noticeboard in the Foyer next to Reception.

PPG members will be helping out at the Covid /flu vaccinations so do say Hi to us and ask if you would like any information on what we do and how to join us.

We would like to thank all the Surgery staff who will be working so hard on these Saturday clinics. Patients really do appreciate their hard work.

THE PATIENT PARTICIPATION GROUP

We are proud of what we have achieved as a PPG in the past year. The PPG continues to write this newsletter and supports Albany Surgery in many ways. We welcome new members who are passionate about improving the care their surgery provides. Current patients of all ages and backgrounds are invited to apply. Minutes from the last PPG meeting on Thursday 3rd July are on the Albany website and on the PPG Noticeboard

How to apply:



Pick up an application form at the surgery



albanysurgery.co.uk/patient-participation-group

If you would like a copy of any previous newsletters, please see our website (www.albanysurgery.co.uk) or ask a member of Reception