


# AUGUST 25 NEWSLETTER

Alban  
surgery 

## SURGERY UPDATE

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Welcome to the August newsletter. We hope all patients have had a rewarding and relaxing summer in what has been a warm and dry period. In this newsletter we will highlight Urology Awareness, Psoriasis Action Hair Loss Awareness Month and the Live Longer Better scheme.

### LIVE LONGER BETTER- SUPPORTING YOU TO KEEP ACTIVE IN BODY AND MIND SOUTH DEVON & TORBAY HEALTHY AGEING PROGRAMME

If you are looking to improve your health & wellbeing, become more active, reduce stress & feel better in daily life—we invite you to join one of our free Live Longer Better courses.

Whether you are aiming to try new things, create a more balanced lifestyle, or live with purpose, our courses are designed to help you become more active in daily life & support you on your journey to a healthier happier you.

The courses are run for patients who are aged 50+ with one or more long term health condition(s)

- 8 week in person group courses, which will involve committing to a half day per week you will gain tools to integrate movement into your daily routine, manage stress and adopt a positive mindset.
- Self Directed Online Peer Learning

For more information go to: [www.teigncvs.org.uk](http://www.teigncvs.org.uk) Email [healthyageing@teigncvs.org.uk](mailto:healthyageing@teigncvs.org.uk)

### LANDLINE SWITCHOVER

In January 2027 the old landline phone network will be switched off. It's being replaced by a digital network that uses the Internet to make phone calls.

If you have a personal alarm or other technology to keep you safe, it might be affected when you are switched to a digital phone line. This is called 'telecare.'

Ask your telecare provider if your telecare will work with a digital phone line. If it is compatible your current telecare should work after switchover. An adaptor might be able to be used, if not an upgrade may be needed. Talk to your telecare provider about options.

Also check when the switchover date is for your area.

### FEEDBACK

We welcome feedback of any kind - this is used to improve the service we provide for our patients and to identify what works well.

How to leave feedback:



COME IN



CALL



LETTER



EMAIL

Additionally, anonymous feedback can be given as Friends and Family feedback. To complete this, please visit our website

([www.albanysurgery.co.uk](http://www.albanysurgery.co.uk)) or fill out a Friends and Family feedback card at our main reception.

### SEPTEMBER IS NATIONAL HAIR LOSS AWARENESS MONTH

The aim is to raise awareness about hair loss, its causes, and its impact on individuals.

It's an opportunity to discuss the condition openly and encourage those affected to seek support and look at treatment options if required.

Go to:

[www.trichologists.org.uk](http://www.trichologists.org.uk)

**COME IN**  Grace House, Scott Close,  
Newton Abbot, TQ12 1GJ

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**In July, 127 booked appointments were missed, (that's 32 hours of clinicians' time). Please be sure to call or email, to cancel or change your appointment if you need to.**

## PSORIASIS AWARENESS MONTH

*This month is dedicated to raising awareness about psoriasis, a chronic skin condition and providing support for those who live with it. The campaign aims to educate the public, reduce stigma and encourage people to seek treatment. Go to: [www.psoriasis.org](http://www.psoriasis.org)>psoriasis-action-month*

## UROLOGY AWARENESS MONTH

*Advanced notice that September is Urology Awareness Month whose theme is 'Bladder Leakage: Time to Act'. This annual campaign is dedicated to raising awareness about urological health and conditions. The focus is on educating the public about urological diseases, promoting early detection, treatment and reducing the stigma surrounding these conditions. 1 in 5 people in the UK are impacted by bladder problems and 1 in 3 women are living with bladder leakage. With an ageing population we expect this figure to rise in the coming decade.*

*For more information go to:  
[www.theurologyfoundation.org](http://www.theurologyfoundation.org)*

### PPG NEWS

#### PPG Meeting 3rd July 2025

Many points were raised including the news that the proposal to close the Emergency Cardiac Unit at Torbay Hospital in the evening had been dropped and decision was to be further reviewed.

The PPG Patient Survey has been reviewed and will now take place at a later date.

MARTIN WRIGLEY,MP attended the Locality Forum, where PPG members and Managers from the Newton Abbot area Practices meet. Members raised concerns to do with funding.

### THE PATIENT PARTICIPATION GROUP

The PPG produces this newsletter and supports Albany Surgery in many ways and welcomes new members who are passionate about improving the care their surgery provides. Current patients of all ages and backgrounds are invited to apply. Minutes from the last PPG meeting on Thursday 3rd July are on the Albany website and on the PPG Noticeboard in the Reception Area.

How to apply:



Pick up an application form at the surgery



[albanysurgery.co.uk/patient-participation-group](http://albanysurgery.co.uk/patient-participation-group)

If you would like a copy of any previous newsletters, please see our website ([www.albanysurgery.co.uk](http://www.albanysurgery.co.uk)) or ask a member of Reception