



MARCH 25 NEWSLETTER

Alban
surgery 

SURGERY UPDATE

CALL  01626 334411
EMAIL  enquiriesatalbany.L83034@nhs.net

Welcome to the latest newsletter. As we head towards Easter we would like to update you on the NHS 10 Year Plan and include items on Young Carers Day, World Kidney Day and No Smoking Day.

PRESCRIPTIONS

A reminder that we have a 4 day Bank Holiday in April so please order your medication in good time. You can order up to 14 days early.

DR KELLY DINNISS

We welcome Dr Dinniss to Albany Surgery. She is an experienced GP who joins us from a practice in Plymouth. She specialises in women's health and is a Lead Appraiser for NHS England.

PATIENT CARE CO ORDINATOR

A full time Patient Care Coordinator has been appointed and is due to start mid March.

WITHDRAWAL FROM PROVIDING HOSPITAL BLOODS

Information on why this is happening can be found on the Albany Surgery website or on the Facebook page.

If you have been asked to book a blood test by your Hospital Doctor you will need to contact the hospital to source this.

You can book at Torbay or Brixham Hospital or at the Clinical Diagnostic Centre (CDC)

For more details or to book your appointment ring 01803 655544.

You will still be able to get blood tests at Albany Surgery which have been requested by Albany Doctors or staff eg as part of Annual Review at Albany Surgery.

FEEDBACK

We welcome feedback of any kind - this is used to improve the service we provide for our patients and to identify what works well.

How to leave feedback:



COME IN



CALL



LETTER



EMAIL

Additionally, anonymous feedback can be given as Friends and Family feedback. To complete this, please visit our website

(www.albanysurgery.co.uk) or fill out a Friends and Family feedback card at our main reception.

YOUNG CARERS ACTION DAY WEDNESDAY 13th MARCH

GIVE ME A BREAK

This day organized by the Young Carers Trust, highlights the need for young carers to have time to recharge and rest whilst also calling on schools and employers to provide better support, helping them balance their responsibilities and achieve their full potential.

Find more information at:
carers.org

COME IN  Grace House, Scott Close,
Newton Abbot, TQ12 1GJ

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In February, 171 booked appointments were missed, (that's 43.5 hours of clinicians' time). Please be sure to call or email, to cancel or change your appointment if you need to.

**NATIONAL NO SMOKING DAY
12th MARCH
QUITTING SMOKING DOESN'T HAVE TO
BE STRESSFUL.**

National No Smoking Day has key messages to remove some of the stress associated with quitting smoking

- *Quitting smoking doesn't have to be painful*
- *Quitting smoking isn't always easy*
- *Today is the day*

Go to the NHS quit smoking portal for more information

**WORLD KIDNEY DAY
13th MARCH**

**ARE YOUR KIDNEYS OK?
DETECT EARLY, PROTECT KIDNEY HEALTH**

Kidneys are complicated and amazing organs that do many essential tasks to keep us healthy. Chronic kidney disease (CKD) It is estimated to affect approximately 850 million people worldwide. CDK can progress to kidney failure.

Major risk factors for kidney disease are diabetes, hypertension, cardiovascular disease, obesity and a family history of kidney disease.

Tests for high risk populations include blood pressure measurements, Body Mass Index (BMI) measurement, urine tests and blood tests.

For more information go to - www.worldkidneyday.org

PPG NEWS

NEXT MEETING OF PPG GROUP—This is taking place on Thursday 20th March and will covers items such as the Role of Carers, Dementia Training event, Virtual Wards and also Practice Update from Albany staff.

So if you want to keep up to date with what happened and what was discussed notes from this meeting will appear on the Albany Surgery website a few days after the meeting.

NEW PPG NOTICEBOARD

Watch out for this in the Reception area in the next few weeks.

**THE PATIENT
PARTICIPATION GROUP**

The PPG produces this newsletter and supports Albany Surgery in many ways and welcomes new members who are passionate about improving the care their surgery provides. Current patients of all ages and backgrounds are invited to apply. Minutes from the last PPG meeting on Tuesday 21st January 2025 are available on the Albany website.

How to apply:



Pick up an application form at the surgery



albansurgery.co.uk/patient-participation-group

If you would like a copy of any previous newsletters, please see our website (www.albansurgery.co.uk) or ask a member of Reception