

OCTOBER 24 NEWSLETTER



SURGERY UPDATE

CALL  01626 334411
EMAIL  enquiriesatalbany.L83034@nhs.net

Welcome to the latest newsletter as Autumn approaches the Practice enters a busy season with flu and Covid vaccinations underway. It contains important information about GP collective action.

GP COLLECTIVE ACTION - A MESSAGE FROM THE PPG

The Local Medical Committee has raised key issues which GPs are facing and with the BMA have agreed collective actions which Albany and other Practices will follow.

The guidance will ensure that Practices will deliver safe practice within the financial constraints they face.

The aim is not to affect their patients. The key message is that 'GPs are on our side.'

The BMA state that General Practice is collapsing across England with each Practice struggling to keep its doors open. The action is about the survival of the GP profession as we know it. Albany is paid 30p per patient per day which is £107.57 per year, less than the cost of a TV licence.

The contract uplift this year is 1.9% further erosion of 6.6%. Albany needs 10.7% to stand still.

GPs deserve a bigger slice of NHS funding.

Inflation has driven costs of utilities up (Albany has a unique building challenge in relation to costs) medications, consumables & workforce/labour.

The Practice will stop all unfunded work which will include not signing up to data sharing, not inputting data to this, stop all pro bono work for secondary care and in relation to Safe Working Guidance will work towards 25 contacts a day per GP. Messages will appear on SystemConnect and Facebook on days of peak demand when this limit may be exceeded.

GPs ARE FIGHTING FOR THEIR PRACTICE AND THEIR PATIENTS.

GPs ARE OUR ADVOCATES

FEEDBACK

We welcome feedback of any kind - this is used to improve the service we provide for our patients and to identify what works well.

How to leave feedback:



COME IN



CALL



LETTER



EMAIL

Additionally, anonymous feedback can be given as Friends and Family feedback. To complete this, please visit our website

(www.albanysurgery.co.uk) or fill out a Friends and Family feedback card at our main reception.

MIKE JOYCE

Mike Joyce who has been a very successful Chair of Albany PPG for 15 years announced at the last meeting that he would be standing down from his position.

Mike has worked tirelessly to support the Practice and patients over this period. His energy and enthusiasm have helped the Practice immensely.

His leadership will be greatly missed.

He will continue to be a member of the group. Thank you Mike for all you have done over such a long period of time.

COME IN  Grace House, Scott Close,
Newton Abbot, TQ12 1GJ

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In September 2024, 4274 appointments were booked, of which 172 were missed, appointments that could have been allocated to other patients. Please be sure to call or email, to cancel or change your appointment if you need to.

STAFFING UPDATE

Dr Mota and Dr Bone are leaving the Practice and we would like to thank them for their work and wish them every success in the future.

Dr Nutt will take over Dr Mota's patient list.

A new GP appointment is also being sought

OCTOBER IS NATIONAL CHOLESTEROL MONTH

Nearly half of UK adults have elevated cholesterol levels, a key risk factor for heart disease. Our goal this National Cholesterol Month is to raise awareness about cholesterol, empowering people to take informed decisions and take action to lower their high cholesterol, leading to a healthier heart.

Making simple changes to your lifestyle can help keep your cholesterol levels low and your heart healthy.

What causes high cholesterol?

People are often surprised to find out that they have high cholesterol or triglycerides, but there are many things that can raise your blood fats. Your lifestyle, your genes, age and your overall health can all have an effect, and these can add up.

Lifestyle—alcohol, an unhealthy diet, not being physically active, smoking, eating too much saturated fat and being overweight, especially around the middle.

How to lower blood fat levels

heartuk.org.uk has lowering cholesterol, saving lives tips giving healthy diets, low cholesterol foods, tasty recipes, advice on keeping active and stopping smoking and medical treatments.

BREAST CANCER AWARENESS MONTH

Wear It Pink Day 18/10/24

Go to breastcancer.org for details

ADHD AWARENESS MONTH

Goal to provide reliable information & resources to help people thrive with ADHD

Go to:

adhdawarenessmonth.org

THE PATIENT PARTICIPATION GROUP

The PPG produces this newsletter and supports Albany Surgery in many ways and welcomes new members who are passionate about improving the care their surgery provides. Current patients of all ages and backgrounds are invited to apply. Dave Vizard is now Chair of the PPG elected following Mike Joyce stepping down. How to apply:



Pick up an application form at the surgery



albanysurgery.co.uk/patient-participation-group

If you would like a copy of any previous newsletters, please see our website (www.albanysurgery.co.uk) or ask a member of Reception