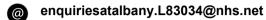
# APRIL NEWSLETTER



# SURGERY UPDATE

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As Easter gets closer, we at Albany wish all our patients a relaxing and rewarding Bank Holiday!

If you need to request prescriptions around this time, please take a look at the Bank Holiday closure table on the next page to make sure you get all your medicines on time.

#### HYFRECATOR DONATED TO ALBANY BY THE LEAGUE OF FRIENDS

On Wednesday 29<sup>th</sup> March, the Newton Abbot Hospital League of Friends kindly donated a hyfrecator - an item of surgical equipment used in many routine procedures - to Albany's Minor Surgery team. 9 volunteers from the League of Friends met with Dr Chay Thomas, Dr Ashley Mota and HCA Carrie who perform minor procedures at the surgery, to deliver the equipment.

After a quick tour of the Minor Surgery facilities, Dr Mota explained what a hyfrecator does:

"It uses low-power electricity to cauterise, and be very specific about stopping bleeding. It's used on skin tags, cysts and warts".

Before this, the surgery used a less-precise device. The new hyfrecator will lessen recovery times and scarring, and improve safety and outcomes for many patients.

Dr Thomas gave more detail on how the machine works: "It stops bleeding by coagulating the blood (making it clot) with no tissue damage," and described the hyfrecator as "the Rolls-Royce choice" for Minor Surgery equipment!

We hope you will join us in wishing the League of Friends a huge thank you for their very kind donation!



Pictured: Dr Ashley Mota (left), Dr Chay Thomas (back) and HCA Carrie (second from right) accepting the hyfrecator from volunteers of the Newton Abbot Hospital League of Friends.

Photo courtesy of Ethan Heppell (Mid-Devon Advertiser)





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facebook.

In March, 223 booked appointments were missed (that's 67.6 hours of clinicians' time). Please be sure to call or email, to cancel or change your appointment if you need to.

### SUPPORT WITH COST OF LIVING

The Cost of Living Signposting and Support Service offers free advice and guidance to anyone facing challenges around cost of living pressures. Their focus is connecting people with the best organisations in their community to give ongoing help.

Please call the 24-hour helpline (020 3467 7509) to access the service, or download the leaflet here:



## BANK HOLIDAY PRESCRIPTION REQUESTS

Surgery closure over the Easter bank Holiday will affect how long it takes us to process prescription requests. To avoid delays in getting your medicines, please see the table to the right.

Affected days and Bank Holidays are highlighted.

You can request repeat prescriptions up to 14 days before you're due to run out.

You should expect prescriptions to be issued 3 working days after making a request.

If you experience any problems with getting any prescriptions, please check with the pharmacy. If you need help from the surgery please call and choose Option 2 (10:00 -12:00 and 15:00 - 16:00).

Day of request	Day of issue
Monday 3 <sup>rd</sup>	Thursday 6 <sup>th</sup>
Tuesday 4 <sup>th</sup>	Tuesday 11 <sup>th</sup>
Wednesday 5 <sup>th</sup>	Wednesday 12 <sup>th</sup>
Thursday 6 <sup>th</sup>	Thursday 13 <sup>th</sup>
Friday 7 <sup>th</sup> (Good Friday)	Thursday 13 <sup>th</sup>
Saturday 8 <sup>th</sup>	Thursday 13 <sup>th</sup>
Sunday 9 <sup>th</sup> (Easter Sunday)	Thursday 13 <sup>th</sup>
Monday 10 <sup>th</sup> (Bank Holiday)	Thursday 13 <sup>th</sup>
Tuesday 11 <sup>th</sup>	Friday 14 <sup>th</sup>





